

Welcome to
Better Health

A Weekly Update
for Asante Employees

Every patient,
every day, every time.

ASANTE® News

ASANTE ASHLAND COMMUNITY HOSPITAL | ASANTE PHYSICIAN PARTNERS | ASANTE ROGUE REGIONAL MEDICAL CENTER | ASANTE THREE RIVERS MEDICAL CENTER

Tips for Getting Families School-Ready

With less than a month before school bells ring again, Asante employees with school-age children have some planning to do. They can find help by using an often-overlooked element of the Asante benefits package.



Care.com, a service provided by Asante for its employees, offers a [variety of tips and tricks](#) for getting the family organized and geared up for a new school year. It includes help with healthy breakfast and lunch recipes, how to save money on school supplies, organizing a family calendar, after-school child care, ideas on how to streamline the morning routine and more.

Care.com helps Asante employees and their families to find assistance with a broad spectrum of personal needs, including child care, senior services, housekeeping and other help around the home, and pet services.

Asante employees can find service providers who may meet their needs, then view profiles that list experience, availability, reviews and references. Or employees can

post jobs for which providers can apply. Background checks against national criminal and sexual offense files are also covered by Asante employees' membership in the online service.

Care.com consultations include coaching, recommendations and care-planning. The website's consultants will help Asante employees to evaluate providers and can even assist in negotiating prices.

Asante employees can [create accounts online](#), using their Asante email addresses. Membership fees will be covered by Asante. A member can access the detailed provider details after establishing an account.

For questions, contact Care.com at 855-781-1303 ext. 2, or email careplanning@care.com. Those who do not have Asante email addresses should contact the Asante Care.com administrator at extension 14227 to have an account created.

Asante News is published every Tuesday. Deadline for submission of articles is every Friday. Send via e-mail to asantenews@asante.org.
Question or suggestions: Call Communications and Marketing at (541) 789-3510 or extension 13510.