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# ASANTE® News

ASANTE ASHLAND COMMUNITY HOSPITAL | ASANTE PHYSICIAN PARTNERS | ASANTE ROGUE REGIONAL MEDICAL CENTER | ASANTE THREE RIVERS MEDICAL CENTER

## Asante Three Rivers Sleep Center Grand Opening

The new Asante Sleep Center, which opened a month ago at Asante Three Rivers Medical Center, will hold its grand opening celebration on Thursday, Dec. 3. The sleep center team will conduct tours, and answer questions about sleep medicine and services offered at the facility.



The celebration will run from 1 to 3 p.m. in the sleep center, which is located on the hospital's second floor, behind the Wound Care registration area. Light refreshments will be provided.

The new outpatient facility – like the existing Asante Sleep Center at Asante Rogue Regional in Medford – helps patients determine whether their overall health is being affected by sleep disorders. It offers diagnostic sleep studies to aid in uncovering disorders, and a variety of treatment plans to help patients achieve regular, healthful sleep patterns.

The sleep center consists of a control center and two sleep lab rooms, each of which is outfitted like a hotel room where patients can be observed and monitored by staff.

The Asante Three Rivers sleep center is open Monday through Thursday nights, and on

Wednesdays and Thursdays for daytime studies. It is staffed by two registered polysomnographic technologists – one each night.

The sleep center at Asante Rogue Regional has been accredited for more than 25 years by the American Academy of Sleep Medicine. Patients seek help at either of the Asante Sleep Center facilities for insomnia, sleep apnea, restless leg syndrome, narcolepsy and other sleep issues.

The new Grants Pass sleep center is equipped to help patients by administering continuous positive airway pressure (CPAP) for those diagnosed with sleep apnea. It can also accommodate daytime positive airway pressure studies (PAP naps) for patients who are anxious about PAP therapy or are having difficulty tolerating it.

Critical testing, or urgent scheduling, is available for patients who face serious job implications because of their sleep disorders, and patients can attend clinics or make individual appointments for help acclimating to their CPAP masks. Clinic visits with a clinical sleep educator are available.

The center also offers routine split-night sleep studies and pediatric sleep studies for patients ages 3 through 17. For questions about the new Asante Three Rivers sleep studies, phone (541) 472-7533.

Asante News is published every Tuesday. Deadline for submission of articles is every Friday. Send via e-mail to [asantenews@asante.org](mailto:asantenews@asante.org).  
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