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for Asante Employees

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# ASANTE® News

ASANTE ASHLAND COMMUNITY HOSPITAL | ASANTE PHYSICIAN PARTNERS | ASANTE ROGUE REGIONAL MEDICAL CENTER | ASANTE THREE RIVERS MEDICAL CENTER

## Delivery from Fear and Pain Becomes Asante Moment

What began for Abigail Diamond as a fearful episode as a maternity patient has become a revelation in her life – the point at which she learned her purpose and found her career. It was her Asante Moment.



Abigail arrived at Asante Rogue Regional Medical Center just over five months ago – on Jan. 6 – to deliver her baby.

“I was very scared and in extreme pain,” she said, describing her Moment. “I had been to the hospital a couple times that week due to contractions, but I wasn’t ready to deliver. When I was finally ready, one of the amazing nurses whom I had met before requested to be my nurse.

“She was so nice, and took such great care of me and Paisley (her baby). She showed me how to hold her, breast feed her, and she kept checking on me. She would hold Paisley for me when I was exhausted and couldn’t keep my eyes open any longer. She truly made my experience wonderful.”

Abigail pondered her experience after she got home from the hospital, and thought about the nurse who had transformed the scary experience into a wonderful one.

“I decided that I wanted to be a labor and delivery nurse at Asante Rogue Regional,” Abigail said. “I went to school to be

a certified nursing assistant and now work at the hospital while I take my pre-requisites for nursing.

“I hope one day I will be doing for mothers what that special nurse did for me: make their experiences perfect,” she said. “Because of her, I will have a fulfilling career in health care.”

Abigail’s experience is now an Asante Moment – part of a new campaign that features real people telling their own stories about life-changing events at Asante. The campaign includes [online testimonials](#) such as Abigail’s, along with print advertisements and [local television commercials](#). Those who have stories to tell can [submit their Asante Moments online](#).

Patients, family members and Asante staff members are being asked to share the moments with Asante they have experienced or witnessed. They are moments that bring positive life changes – through compassion, small acts of kindness and defining instances of outstanding care.

Some early examples include accounts of recuperating from a stroke, surviving a heart attack, mending a torn meniscus and rehabilitating a damaged heart.

Asante News is published every Tuesday. Deadline for submission of articles is every Friday. Send via e-mail to [asantenews@asante.org](mailto:asantenews@asante.org).  
Question or suggestions: Call Communications and Marketing at (541) 789-3510 or extension 13510.