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Better Health

A Weekly Update
for Asante Employees

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every day, every time.

ASANTE® News

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Credit Counseling Classes offered to Asante Employees

The Asante Education Department has partnered with Consumer Credit Counseling Service of Southern Oregon to offer two classes free of charge to Asante employees this month to help participants reach their financial goals.



Those who attend either of the classes will receive coupons for free credit reports.

The first class, “Consumer Credit Counseling Service: Stretching Your Dollar,” will be offered from 10 to 11 a.m. on Wednesday, Oct. 21, in Room 106 of the Smullin Education Center. The class is designed for those who need assistance with the rising cost of living.

Consumer Credit Counseling Service – a local nonprofit agency – will provide tools and ideas that enable employees to get the most from their hard-earned paychecks. Program topics include tips for trimming budgets, controlling impulse spending, driving for less and saving money at the grocery store.

The second class, “Consumer Credit Counseling Services: Looking Good to Lenders,” will be offered from 3 to 4 p.m. on Thursday, Oct. 29, in Room 102 of the Smullin Education Center.

Thinking about buying a house? The class will provide information to help participants improve their credit and prepare financially for a home purchase. Consumer Credit will help those in the class to place themselves in the best position possible to reach their goals.

Registration for each of the programs is through the Asante Learning and Education Center (ALEC). Employees can [log into ALEC](#) using their network username and password, then click on the “catalog” tab at the top of the page and search for the class title.

The Consumer Credit Counseling Service is a 501(c)3 United Way agency that is a member of the National Foundation for Credit Counseling. Consumer Credit offers financial education and counseling to help people improve their lives and choose the financial options that are right for them.

The agency’s staff members provide confidential credit counseling, personalized debt management plans, comprehensive credit reports and scores, individualized housing counseling, community financial education programs and volunteer opportunities with the Money Management Program. The agency has been providing professional credit counseling and financial education in Southern Oregon and Northern California since 1971.

Those with questions about the classes at Asante can email Caroline Clavin, Asante Education Coordinator, at caroline.clavin@asante.org. To learn more about the Consumer Credit Counseling Service of Southern Oregon, go to www.cccsso.org or call (541) 779-2273.