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Better Health

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for Asante Employees

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An Asante 4th of July in Ashland

Even the triple-digit temperatures didn't melt the spirit of Asante volunteers who participated in Saturday's 4th of July parade in Ashland. Asante Physician Partners sponsored this year's event and led the floats with an Asante Moment-themed entry.

Staff from the Ashland and Talent APP clinics, along with patients and families, walked alongside the float, carrying signs with their own Asante moments. Kids wearing "What is Your Asante Moment?" T-shirts gave goody bags to those in the crowds lining Siskiyou Boulevard and East Main Street.



Afterward, parade-goers who dropped by Asante's booth in Lithia Park were grateful to find free bottles of sunscreen and information about APP's and Asante Ashland Community Hospital's services and providers. Did we mention it was blazing hot?

For those who missed the celebration, check out a [photo gallery](#) of the event or [view a video](#) of the APP parade entry. And don't forget to visit the Asante Ashland Community Hospital [Facebook](#) page.

This year's Fourth of July Celebration emphasized Ashland's commitment to healthy lifestyles, with the theme "Be Active, Live Healthy."

Ashland's celebration, now over 100 years old, included a run organized by the Ashland Parks & Recreation Department; the parade that draws an estimated 20,000 spectators; the Lithia Park food, crafts and information booths; and a daylong lineup of bands in the Lithia Park Bandshell. A fireworks display that began at dusk was visible throughout town.

Asante News is published every Tuesday. Deadline for submission of articles is every Friday. Send via e-mail to asantenews@asante.org.
Question or suggestions: Call Communications and Marketing at (541) 789-3510 or extension 13510.