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Better Health

A Weekly Update
for Asante Employees

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every day, every time.

ASANTE® News

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Relay for Life Events Ramp Up

Relay for Life fund-raising efforts by Asante-sponsored teams have prompted local merchants to donate portions of their sales on sandwiches, baked goods, cupcakes and even admission to a Roller Derby event this weekend.



The Roller Derby event will be at 1029 Narregan St., in Medford, with doors opening at 5:30 p.m. on Saturday. The bout will begin at 6:15 p.m.

Tickets are \$10 in advance or \$12 at the door, and kids 10 and under are free. A percentage of all proceeds will go to Jackson County Relay for Life.

Other merchants that are being endorsed by Asante's Relay for Life teams include:

- The Artisan Bakery at 1325 Center Drive, across the street from the south Medford WalMart, will donate 25 percent of sales (if Asante badges are shown) through May 28, during normal business hours – 6:30 a.m. to 7 p.m. Monday through Friday, and 7 a.m. to 6 p.m. Saturday.
- The CupCake Factory at 950 N. Phoenix Road in

Medford will donate 30 percent of sales (with a mention of Relay for Life) from 11 a.m. to 2 p.m. on Wednesday, May 6.

Josephine County's main Relay for Life event will be June 27 at Grants Pass High School. It will include an all-day, all-night relay on the high school track, as teams camp out and take turns running or walking laps.

Jackson County's annual Relay for Life event will be May 30 and 31 at Medford's Spiegelberg Stadium. It is considered an opportunity for community members to come together and honor cancer survivors, remember loved ones lost and fight back against the disease. Each team at the event is asked to have at least one participant on the track at all times.

Relay For Life, an annual fund-raiser of the American Cancer Society, is the world's largest event aimed at ending cancer. More than 5,000 Relay For Life events take place each year in at least 20 countries.

Relay For Life draws communities around the world for a celebration of those who have battled cancer, a remembrance of those who have been lost to the disease and as a resolution to finish the fight against cancer. The events have raised about \$5 billion since 1985.

Those who have questions about the event, are interested in joining a team or are part of an existing team are asked to email healthpromotion@asante.org, or call Raychel at 15211 or Alisia at 14712.

